Scoresby Secondary College Sport and recreation fitness focus



Course Details:

SIS30115 Certificate III in Sport and Recreation (Personal Fitness Industry focus)

Course Aims

The VCE VET Sport and Recreation program aims to provide participants with the knowledge and skills to achieve competencies that will enhance their employment prospects in the Sport, Recreation, Fitness and Personal Training related industries. It also aims to enable participants to gain a recognised credential and to make a more informed choice of vocation or career path.

Course Delivery

Location and Times

Year 1: Scoresby Secondary College, Cavell Street, Scoresby. Wednesday 1:30pm-5:00pm Year 2: Scoresby Secondary College, Cavell Street, Scoresby. Wednesday 1:30pm-5:00pm Mode of Delivery: Classroom/Face to face delivery Duration: 2 years part time

On successful completion of this program the student will achieve:

Credit towards VCE, VCE VM, VPC and Intermediate VCAL

All VET in school programs contribute units towards VCE and VCE VM. To confirm the number of units and if the program has a scored assessment and therefore a study score, please refer to the following VCCA Get VET resource: VCE-VET-program-chart.pdf

Further information can be found on the VTAC website: <u>www.vtac.edu.au</u> and/or <u>www.vcaa.vic.edu.au</u>

Qualification: A nationally recognised qualification: SIS30115 - Certificate III in Sport and Recreation (Personal Fitness Industry focus)

Additional Requirements/ Information:Name of RTO & Provider of Qualification:
SavileSavileRTO: 45452RTO Student Information:
Please refer to the Mullum Cluster Website
www.mullumvetcluster.com.au for student rights and
responsibilities whilst on campus.OHS / Personal Protective Equipment: Students need to bring their
college's PE uniform to participate in practical sessions. Excursions
to Recreation Facilities are covered in course fees.
Excursions: Students may be required to attend a planned
Excursion.
Work Placement: Not required but is recommended.
Other: NA

Future Pathways and Opportunities:							
Complementary studies:	Physical Education						
Pathways:	Certificate IV in Sport and Recreation						
	Diploma in Sport and Recreation						
	Diploma in Sport/ Leadership and Management						
Possible Future Career	Exercise Science	Physical Education Teaching					
Opportunities:	Human Movement	Physiotherapy					
	Nutrition	Sports Medicine					

Units of Competency:

Year 1: Competencies covered in the first year:

Unit Code	Unit Name	Nominal Hours	Core/Elective
HLTWHS001	Participate in workplace health and safety	20	С
BSBWOR301	Organize personal work priorities and development	30	С
HLTAID003	Provide first aid	18	E
ICTWEB201	Use social media tools for collaboration and engagement	20	С
SISXCCS001	Provide quality service	25	С
SISXEM001	Respond to emergency situations	18	С
SISXCA1003	Conduct non-instructional sport, fitness, or recreation sessions	30	С
SISXCAI001	Provide equipment for activities	10	С
BSBWOR204	Use business technology	20	E
SISXFAC001	Maintain equipment for activities	10	E
	Total nominal hours	201	

Year 2: Competencies covered in the second year:						
Unit Code	Unit Name	Assessment Plan	Nominal Hours	Core/Elective		
SISSSCO001	Conduct sport coaching sessions with foundation level participants	Work Performance 01	50	С		
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	Portfolio 08	50	С		
SISXCA1006	Facilitate Groups	Portfolio 07	25	С		
SISXCA1004	Plan and Conduct Programs	Portfolio 07	35	C		
SISXRES002	Educate User Groups	Portfolio 08	25	C		
		Total nominal hours	195			

